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Mark right side of the column with 🗸, once the test requested, in order to follow next visit. These tests are not mandatory in each visit. Their request is judged by degree of compliance and control and likelihood of adverse events.

² Fill in dose and frequency. Use $\sqrt{}$ = same as before; or D/C = Discontinue. ³D=Diet E=Exercise M=Medications 0=Others (smoking, hygiene,...). Mark with X = Non-compliant, / = Semi-compliant, O = Compliant or O = Education given)