



International Institute on Ageing
United Nations - Malta

MEAMA
*Middle-East Academy
for Medicine of Ageing*



MEAMA

Middle East Academy for Medicine of Ageing

In collaboration with

**The International Institute on Ageing-United Nation-Malta (INIA)
Middle-East & North Africa Association on Aging & Alzheimer's (MENAAA)**

Diploma in Dementia Care Course No. I

2022/2023

Session 1.1 August 26-27, 2022

**Overview of Dementia
Epidemiology & Demographic**

Location

Virtual

Organized by

Abyad Medical Center, Lebanon <http://www.amclb.com>
Middle East Longevity Institute, Lebanon <http://www.amclb.com>

Introduction

Abyad Medical Center, The Middle East Academy for Medicine of Ageing and the Middle East & North Africa Association on Ageing & Alzheimer's announces the Diploma in Dementia care for the years 2022/2023.

The curriculum developed for the Diploma will be shared in two Region of the World, the MENA and the Caribbean. The two Regions will be independent in administering the Diploma however they will collaborate and exchange resources that will make the curriculum and the Diploma a strong initiative in the field of Dementia.

The diploma is designed for health and allied care practitioners, including but not limited to physicians, nurses, social workers, psychologists, physiotherapists, occupational therapists, and health care officers. It is meant for those currently in those professions, those training for those professions, those offering training for those professions and interested in upskilling for provision of services. The diploma is composed of four sessions across which 10 modules are divided. The content aims to increase scientific, clinical, educational and managerial competencies in dementia care.

Rationale for the Diploma in Dementia Care

People living with Alzheimer's Disease and Related Dementias (ADRD), along with their caregivers, turn to trusted practitioners to understand the condition and the challenges they may face. Worldwide health and social care services and systems are poorly equipped to offer quality dementia care. There are critical gaps in dementia education and training.

The MENA Region faces special challenges. With the demographic transition, most countries in the region have been and will continue to experience longer lifespans of their populations. The region is witnessing rapid rise of non-communicable disease including dementia. These factors along with many others likely contribute to the current prevalence of dementia among those 60 and older in MENA Region.

There is therefore an urgent need to equip health and allied care practitioners with knowledge and skills that will allow them to provide the informed, quality, evidence-based care that is needed to address this burden. The Diploma in Dementia Care Improvement will offer one route for such education and training.

Requirements for Diploma Completion

At the end of the course of four sessions, across which 10 modules are divided, participants will receive a postgraduate Diploma in Dementia Care and will be graduated as *'members of the MENAAA & MEAMA' A network to stimulate the development and maintenance of services for health related problems in elderly people in the Middle- East & North Africa Area*

Session	Date	Modality	Modules	Location
1	August 2022	Virtual	1-2	N/A
2	Sept 2022	In Person	3-5	Lebanon
3	November 2022	Virtual	6-7	N/A
4	April 2023	In Person	8-10	Dubai/Kuwait

Content Areas

The diploma content includes training on the science of Alzheimer's Disease and Related Dementias in older persons. This includes neurology, biology, epidemiology, and other aspects relevant to improving outpatient care to facilitate sustainable services and systems of care that revolve around community services.

The 10 modules which will be divided into four sessions are tentatively organized as follows:

- 1: Overview of Dementia
- 2: Epidemiology
- 3: Detection and Diagnosis
- 4: Medical Treatment of Dementia: Current and Future
- 5: Non-Pharmacological Management of Dementia
- 6: Ethics
- 7: Palliative and End-of-Life Care
- 8: Dementia Care Pathways
- 9: Facilitating Team-Based and Person-Centered Care
- 10: Caring for and Interacting with Caregivers

Program Structure

The Diploma encompasses 10 modules delivered across two virtual and two in person sessions. Each of the two in person sessions will take place over two days. The target number of recipients for the in-person session will be 70-80 health and allied care practitioners. A nominal registration fee for the in person session will be charged to participants.

CEUs/CMEs will be allocated for each module. The same modules will be repeated every year. In this way, if a participant is unable to complete any module, s/he can pick up the session the following year. If all modules are taken as offered during a specific cohort's offering (e.g. cohort 1 August 2022-April 2023), the diploma will take four months to complete and successful completion of the diploma will be determined by the timely, thorough, and accurate completion of participation in live sessions (whether virtual or in person) which will include lectures, case discussions, and individual presentations.

Accreditation

Application for accreditation of the diploma program will be made to Alzheimer's Disease International (ADI) after the first cohort has been completed.

Session One

The first session that covers the two modules

1-Overview of Dementia & 2-Epidemiology & Demographic Introduction to dementia

will take place virtually between 26-27 August, 2022. The time will be Between 4 to 8 in the afternoon: Beirut time

There is no registration fees for the virtual session and minimal fees for the presential session to defray the cost.

At the completion of the session participant will receive certificate of attendance and a total of 10 CME credit hours

The meeting will take place on Zoom on Friday and Saturday between 4 to 8 pm Beirut time

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZMldu2srjguHNO3eo5LQYMTA4OUIr4tB5Mx>

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We look forward to welcome you

Sincerely

A. Abyad, MD, MPH, MBA, DBA, AGSF , AFCHSE
CEO, Abyad Medical Center, Lebanon.
Chairman, Middle-East Academy for Medicine of Aging
President, the Middle East & North Africa Association on Ageing & Alzheimer's

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This educational programme was made possible thanks to sponsorship from Roche. All educational content is independent from Roche.



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Diploma In Dementia Care
Session 1 –Overview of Dementia /Epidemiology & Demographic
19-20 August, 2022
4-8 pm Lebanon Time

Day 1: Overview of Dementia		
400-04:30	Normal ageing and cognitive functioning	
04:30-05:00	Normal ageing vs minimal cognitive impairment	
05:00-05:30	Dementia as a Syndrome	
05:30-06:00	Most Common type of Dementia	
06:00-06:30	Risk factors for Dementia	
06:30-07:00	Early Stage Dementia	
07:00-07:30	Middle Stage Dementia	
07:30-08:00	Late Stage Dementia	
Day 2: Epidemiology, Demographic, and Societal Impact		
400-04:30	Population Ageing in the MENA Region	
04:30-05:00	Dementia : Global and MENA trends	
05:00-05:30	Young Onset Dementia	
05:30-06:00	Intellectual disability &Dementia	
06:00-06:30	WHO Global Action Plan on Dementia	
06:30-07:00	Impact of Dementia on Healthcare System, Public & Personal Finances	
07:00-07:30	Societal burden	
07:30-08:00	Dementia Friendly Society	

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