A. Abyad, MD, MPH, MBA, AGSF, AFCHSE

Representing a new wave of physicians who combine
medical expertise with public health and management
skills, Dr. Abyad is currently the director of Abyad Medical Center.   He worked as CEO of an
Elderly Care/Pyschiatric hospital in Lebanon between 2007 to 2010.   He worked with the
General Authority for Health Services (GAHS) for the Emirate of Abu Dhabi, UAE, between
2004 to 2007 (GAHS is the regional body overseeing health services for 1 million citizens, in
50+ facilities with a staff of over 10,000). Initially he worked in the Primary Health Care
Department of GAHS, where his job scope was to handle all matters pertaining to the
development, implementation, operation and administration of the family medicine model of
care for primary health care centers in the Emirate of Abu Dhabi. Between 2006 to 2007 he
became the Team Leader for the CME/CPD section (including postgraduate medical
education and professional training program).

Dr Abyad was born in Tripoli-Lebanon on April 7, 1959. He joined the American University
of Beirut (AUB) in 1979 where he earned a degree in B.Sc. Biology (with Distinction) and
Doctor of Medicine in 1986. After completing his speciality training in Family Medicine in
1990 at the American University of Beirut (AUB), he joined the University of Arizona
Medical Center, in the USA.   In Arizona he did a Fellowship Program in Faculty
Development, during 1991-1992, and a Fellowship in Geriatrics between 1991-1993.   He
received the degree of Advanced Postgraduate Geriatrics and Medical Gerontology from the
European Academy for Medicine of Ageing (EAMA) 2001, in Switzerland.

He has large expertise in the field of medical education, education in general and curriculum
development.   After his rigorous medical training he did one year fellowship in faculty
development at the University of Arizona.   During this year he improved his teaching,
research , curriculum planning, and educational skills. He shaped his skills through several
courses including advanced project management and World Bank course on education and
statistics indicators. .   He helped in setting a Multimedia medical University in Australia with
the main target of teaching postgraduate courses for physicians and health professional all
over the World.

During his work as a team leader Team Leader CME/CPD (including postgraduate medical
education and professional training program). General Authority for Health Services for the
Emirate of Abu Dhabi-UAE.   He was instrumental in setting the digital library at the level of
Emirate of Abu Dhabi for Health Authority Abu Dhabi in collaboration with Al Ain
University. In addition to setting most of the regulation and policies regarding Continuing
medical education and continuing professional development in addition to postgraduate
training.

As Assistant Professor, Department of Family Medicine American University of Beirut
between 1993-1996 he was responsible for all teaching activities at the department for medical
students and residents. He was instrumental in developing and teaching courses in family
medicine in Lebanon and the region. In addition he established the Middle East Academy for
Medicine of Ageing with the main purpose of teaching physicians and health professional and

shaping their skills in management of elderly patients. All through his career he was instrumental in developing a number of curriculum in Lebanon, the region and international. He has long experience in teaching at all levels , undergraduate , postgraduate and fellow. He taught in the field of medicine, public health, nursing , business, pharmacy and social studies.

He is currently member of World Bank Institute (WBI) Alumni, International Association for Technology, Education and Development (IATED), International Association of Medical Science Educators (IAMSE), the Science Advisory Board, World Association of Medical Editors and EaEasternMediterranean Association of Medical Editors (EMAME). He is Reviewers for the National Board of Medical Examination (NBME) in the USA. In addition to being the Associate Editor for Cochrane clinical questions.

He has organised a large number of conferences and symposium , regionally and internationally. He received two awards in the field of education including Dr. Franklin G.Ebaugh Jr. The American Academy of Continuing Medical Education: The Eastern Mediterranean Regional Office. In recognition of his contribution and support to continuing medical education and professional development in the United Arab Emirates. Oct 2007. And Dr . Arthur Bloomfield Award for Excellence in Medical Education. The American Academy of Continuing Medical Education: The Eastern Mediterranean Regional Office. In recognition of his contribution and support to continuing medical education and professional development in the United Arab Emirates. September 2006.

His extensive administrative and management training began with earning a Master's degree in Public Health, in 1988 from AUB. This was cultured by joining "The International Leadership Academy's: 2nd International Leadership Program, The United Nations University", in 1998 in Amman. This was further complemented by joining an executive MBA program at the International University of Monaco Dec 2003-June 2005. He recently being nominated as Associate Fellow of the Australian College of Health Service Executives. He is currently working on his doctorate degree in business administration.

Following his residency, he was appointed as Instructor in the Department of Family Medicine at AUB. After returning from the United States he was promoted to Assistant Professor. During the three years he stayed in this post he developed a rich experience in the academic field, in curriculum development and coordination of programs. After leaving AUB he established, Abyad Medical Center, Tripoli, Lebanon in 1997. Abyad Medical Center is a multi-speciality group with 15 physicians and paramedical staff. At Abyad Medical Centre, he supervises all administrative, financial and academic activities of the centre.

Dr. Abyad served as a Coordinator, AinWaZein, Geriatric Program Chouf, Lebanon, between 1995-2003. At Ain Wazein Elderly Care Centre, he created a comprehensive health care program for the elderly starting from building an extensive team, and a model program for Lebanon and the region. He was responsible for the academic, research and overall patient care, in addition to training of the residents. All through his career , he has served as a consultant and advisor to various organisations including the World Health Organisation, Hamad Medical Corporation in Qatar, and University of Amman in Jordan, in the field of Aging , Family Medicine, Health manpower, education, and development of services.

He has wide expertise in planning, and running medical services, organizational development, quality improvement, research, and personnel development. He was instrumental in the development of a number of academic organizations, training programs, curriculum, and clinical guidelines in Lebanon and the region. He has extensive teaching experience with medical students, postgraduates, residents, fellows, physicians, and paramedical staff. In addition Dr Abyad has organised a large number of workshops, CME , CPD programs , and conferences regionally and internationally.

He founded in 2003, with the help of a number of dedicated professional from the region, and Europe, the Middle-East Academy of Medicine of Ageing (MEAMA). He is acting as the chairman of the academy and as a member of the Executive Board. The aim of the Academy is to improve the knowledge and skills of professionals, physicians, nurses and health care officers, in health related problems of older people. He founded, in 2005, The Middle-East Association on Aging and Alzheimer's (MEAAA) where he is currently the president.   He is a member of a large number of international committees and professional societies. He was elected as fellow to the American Society of Geriatrics, and Royal Society of Medicine. Dr Abyad serves as a member of the board of the Voluntary Islamic hospital in Tripoli Lebanon.

He founded in 2005 Middle-East Primary Care Research Network (MEPCRN) and in 2006 Middle-East Network on Ageing research (MENAR).   The aim of both network is to answer the substantial research need in primary care and the ageing field in the Middle-East. He is currently acting as the coordinator of both network.

Dr Abyad has an extensive list of publication, book chapters, and large number of editorials. He has published works on aging issues, primary health care issues, health manpower development, public health, health care systems, management, and others. He acts as Peer Reviewer of Manuscripts and Abstracts for a large number of organisations*. He is on the international editorial board of the International Journal of Medicine Journal of the Association of Health Care Professionals, Geriatrics Today, and is a Board member of World CME http://www.worldcme.com.   Dr Abyad was also instrumental in establishing six journals **, The Middle East Journal of Family Medicine (MEJFM) was founded in 2003** http://www.mejfm.com, **Middle-East Journal of Age & Ageing founded in 2004** http://www.me-jaa.com, **The Middle East Journal of Nursing** http://www.me-jn.com, the **Middle East Journal of Business** http://www.mejb.com, Middle East Journal of Internal Medicine http://www.me-jim.com, and Middle East Journal of Pyschiatry & Alzheimer's http://www.me-jpa.com.   He is currently the Chief Editor of four of these journals and associate editor of two.   All journals are peer-reviewed and meet the needs of scientists, practitioners, policymakers, and the patients and communities they serve in the Middle-East and beyond. These journals have an extensive Regional and International Editorial Board. During his career he has received a number of awards and honours. He was listed lately in the "Arab Population and Development Experts Database", PPMD, League of Arab States.